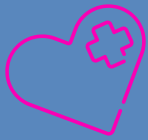


Asian Pacific Counseling & Treatment Centers presents



# Heroes for Change Community Health & Safety

IN PARTNERSHIP WITH SENATOR SUSAN RUBIO

COMMUNITY MEMBERS AGES 18+ ARE INVITED

**Saturday, 04/06/2024 10:00am-1:00pm**



Special Guest Speaker:  
Brandon Tsay, the hero who disarmed  
the Monterey Park shooter

Join us for:

- Self-defense demo by Seniors Fight Back
- Mental wellness workshop
- Community resources, giveaways (pepper spray, alarm key chain, more!) & vaccinations!
- Light lunch & **raffle prizes**



**CORTEZ PARK COMMUNITY & SENIOR CENTER  
2501 E. CORTEZ ST. WEST COVINA, CA 91791**

Limited to 200 people  
Walk-ins welcome as capacity allows.

To register, use the QR code or call  
Esther Shim (English) 626-217-0633  
Juilong Chen (Mandarin) 626-506-2581



[bit.ly/HEROES-WC](https://bit.ly/HEROES-WC)

Event in English  
with Mandarin  
interpretation



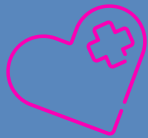
Brandon Tsay  
Hero Fund



My My Nhan  
Legacy Fund



亞太心理輔導與治療中心主辦



# 做改變的英雄

# 社區健康與安全

與參議員 **SENATOR SUSAN RUBIO** 共同合作

邀請18歲以上社區民眾參加

**2024年4月6日 星期六上午 10點 到下午1點**



特邀演講來賓:

**Brandon Tsay**, 蒙市槍擊案阻止歹徒的英雄

更多活動:

- 自我防衛示範- **Seniors Fight Back**
- 心理健康講座
- 社區資源分享與贈品  
(防狼噴霧, 警報器鑰匙圈, 疫苗注射...等)
- 簡餐招待, **現場抽獎**



**CORTEZ PARK COMMUNITY & SENIOR CENTER**  
**2501 E. CORTEZ ST. WEST COVINA, CA 91791**

請掃碼報名

也歡迎當天現場報名

名額有限: 只限200名民眾  
或致電陳小姐 **Juiling Chen**  
(626) 506-2581 (中文)



[bit.ly/HEROES-WC](https://bit.ly/HEROES-WC)

活動將以中, 英文進行



Brandon Tsay  
Hero Fund



Asian Pacific Counseling & Treatment Centers  
a division of Special Service for Groups



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
hope. recovery. wellbeing.



蒙市互助希望中心



My My Nhan  
Legacy Fund

