



## Asian Pacific Counseling & Treatment Centers

**Site Description:** Asian Pacific Counseling & Treatment Centers (a Division of Special Service for Groups) is a contract-agency of the Los Angeles County of Department of Mental Health. With seven locations throughout Los Angeles County, APCTC staff provide mental health to clients of all ages with mental illness and behavioral health challenges. While our centers specialize in serving the monolingual Asian Pacific community, we provide services to the entire community and offer services in English and Spanish as well. Students are matched to sites based on language and interests, so flexibility is appreciated. Students receive a \$2500 stipend upon completion of traineeship.

**Expected hours per week:** 20 hrs (8-12 hrs of direct client contact, depending on trainee's level of experience), so typically 3 days per week. Intern Seminar is held twice per month on Fridays. Evening/weekend hours NOT available.

**Problems/Diagnostic categories:** *Adults:* Mood Disorders, Anxiety Disorders, Psychotic Disorders, Adjustment Disorders, Dual Diagnosis/Co-Occurring Disorders, parenting. *Children/Youth:* Adjustment Disorders, Mood Disorders, Anxiety Disorders, Disruptive Behaviors Disorders, and other Disorders diagnosed in childhood, family issues. Wilshire site provides only adult & older adult services, other sites provide both children & adult services.

**Activities:** Trainees are typically assigned to individual clients and expected to coordinate the cases which includes initial assessment or reassessment, treatment planning, psychotherapy, and clinical case management. Trainees work with other members of a treatment team (which usually includes a psychiatrist, case managers, and other clinicians) to decide and implement the interventions and modalities used (individual, family, group, day rehabilitation, vocational, rehabilitation). Trainees also are responsible for making referrals and assisting with crisis intervention pertaining to their cases. Clients may be seen in the office, school, home, or field settings, so Trainees are expected to carry a valid CA driver's license, automobile insurance, and have access to a vehicle to conduct services away from the office. During this pandemic year, services have been provided remotely by phone or by Zoom telehealth.

**Student Orientation:** Trainees will be expected to attend a two-day Student Trainee Clinical Orientation where they will be introduced to APCTC programs, Emergency Risk Assessment, Confidentiality, Ethics, and Documentation. The training will take place in mid- to late-August. Other orientation activities will take place at the assigned site.

**Intern Seminar/Training:** An Intern Seminar is facilitated by the Training Director and other supervisors. This two-hour seminar which takes place twice per month will include didactic training to supplement individual and group supervision. Also this will be an opportunity for trainees to present their cases and obtain peer support from their fellow trainees. Intern Seminar is held either at Main or Alhambra location, so trainees must be willing to travel.

**Supervision:** Individual and group supervision provided. The primary supervisor will meet all of the requirements to supervise the trainee per the expectation of the school training program and the California Board of Behavioral Sciences or California Board of Psychology where applicable. Individual supervision is provided per the hours expectations of the school training program and the California Board of Behavioral Sciences or California Board of Psychology where applicable. Students also will participate in the site/team's group supervision to supplement the individual supervision.

**Special Requirements:** Bilingual in Spanish or any Asian language preferred. Previous experience working with clients with mental health issues preferred, but not required.

**Goals of the Traineeship:** Our goal for the trainees is to train them to provide mental health treatment to the challenging client population seen at a community mental health center within the Los Angeles County Dept. of Mental Health. We want to train those who intend to start their career in a community mental health setting. Upon completion of the traineeship, the student should be able to, with at least minimal competency, provide assessment and psychotherapy, including differential diagnosis, to diverse clients with a variety of mental disorders of varying severity and chronicity.

**Contact: [training@apctc.org](mailto:training@apctc.org)**