



AAPI EQUITY ALLIANCE

Resources for Monterey Park Victims and Community Members

https://bit.ly/MP_resources

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On Saturday, January 21, 2023, the eve of Lunar New Year, a mass shooting occurred in Monterey Park, CA, resulting in the deaths of eleven people and injuring nine others. Two days later, on Monday, January 23, 2023, seven more people were killed in another mass shooting in Half Moon Bay, CA. Our hearts go out to the victims and their loved ones as we renew our calls for stronger national gun control policies.

If you or someone you know is in need of support, please share this guide. It contains [immediate resources for victims](#), [mental health resources](#), [legal resources](#), resources for victims of [domestic violence](#) and [anti-AAPI hate](#), and [other resources](#). This guide is focused on Monterey Park. You can find resources for Half Moon Bay [here](#) (<https://stopaapihate.org/lunar-new-year-shooting-resources/>) and donate to the Half Moon Bay Victims Fund here: <https://gofund.me/d5747719>.

If you have resources to share or other feedback, please email Tina Pham at AAPI Equity Alliance (tpham@aapiequity.org). For any additional inquiries, please email (info@aapiequityalliance.org).

Immediate Resources for Victims

[GoFundMe: Monterey Park Lunar New Year Victims Fund](#)

This campaign is closed as of February 3, 2023 at 5pm PT. Future donations can be made directly to Asian Americans Advancing Justice Southern California by contacting info@ajsocal.org or by going to <https://donate.ajsocal.org/MPKLNYYE>.

If you are a survivor or family member of a victim, please email to inquire about funds:
mpvictimsfund@ajsocal.org

LA County District Attorney - Bureau of Victim Services

Helps victims apply for state benefits to pay for medical bills, lost wages, funeral costs, and mental health treatment. Mandarin and Cantonese interpretation available.
(626) 514-1300, 8am-5pm; <https://da.lacounty.gov/victims>.

California Department of Justice – Victims’ Services Unit

The California Department of Justice’s Victims’ Services Unit (VSU) assists victims and survivors, connecting them with state and local resources. Additionally, VSU supports all 58 counties’ government and community based victims and social services providers with client-centered, trauma-informed, and culturally sensitive services.
(877) 433-9069; VictimServices@doj.ca.gov; <https://oag.ca.gov/victimservices>

California Victim Compensation Board Resources for Victims of Crime

CalVCB is a state program providing up to \$70,000 in financial compensation for many crime-related expenses. Victims who suffer physical injury, threat of physical injury or emotional injury as a direct result of a violent crime may qualify for assistance. Those who witnessed the crime, and may be traumatized by it, and family members of victims may also qualify.

1-800-777-9229; <https://victims.ca.gov/>

- [CalVCB fact sheet in English and Spanish;](https://victims.ca.gov/uploads/2022/05/CalVCB-Basic-Fact-Sheet-English-and-Spanish_05.2022.pdf)
https://victims.ca.gov/uploads/2022/05/CalVCB-Basic-Fact-Sheet-English-and-Spanish_05.2022.pdf.
- [CalVCB fact sheet in simplified Chinese;](https://victims.ca.gov/uploads/2021/02/CalVCB_Basic_Factsheet_Chinese_Simplified_rev6-10-20-1_rev2021.pdf)
https://victims.ca.gov/uploads/2021/02/CalVCB_Basic_Factsheet_Chinese_Simplified_rev6-10-20-1_rev2021.pdf.

Mandarin-Speaking Funeral Homes

- Rose Hills-Alhambra, 550 E Main St., Alhambra, CA 91801, (626) 299-3000
- Forest Lawn, 11 East Huntington Drive, Arcadia, CA 91006, 1 (888) 689-8888
- Universal Chung Wah Funeral, 225 N Garfield Ave, Alhambra, CA 91801, (626) 281-7887

Asian Youth Center - Emergency Food

Asian Youth Center can provide emergency food in the form of groceries for everyone. They can be picked up from 100 W. Clary Avenue, San Gabriel CA 91776. Tuesdays, Thursday, & Fridays from 8:00am-3:30pm. Saturdays from 8:30am-12:30pm. People can call (310) 628-1994 to set up an appointment.

Mental Health

Health and Mental Health Centers and Organizations

Suicide & Crisis Lifeline

Provides 24/7, free and confidential support for people in distress and prevention and crisis resources.

Dial 988 or chat online at <https://988lifeline.org/chat/>

Chinatown Service Center

CSC is a Federally Qualified Health Center whose mission is to provide quality healthcare to everyone. Our purpose is to allow clients to find holistic care in one place. We provide medical, dental, and behavioral healthcare in conjunction with case management and social services. We understand that health is not limited to the body but encompasses the mind, social, and financial wellness. We currently provide both in-person and telehealth services in English, Spanish, Mandarin, Cantonese, Chiu Chow, and Toisanese. Our behavioral health department provides therapy for individuals, children, older adults, couples, and family. We also provide community training in Mental Health First Aid, Anti-Asian Hate Bystander training (in English, Mandarin, and Cantonese), Parenting classes (Mandarin and Cantonese), and Intimate Partner Violence support groups (Mandarin and Cantonese).

(213) 808-1720, 8:30am-6pm; <http://www.cscla.org/>

- Monterey Park: 855 S. Atlantic Blvd, Monterey Park, CA 91754
- Alhambra: 320 S. Garfield Ave #202, Alhambra, CA 91801
- Downtown: 767 N. Hill St. Suite 400B, Los Angeles, CA 90017

Asian Pacific Counseling and Treatment Centers

Mental health center in LA County meeting the needs of Asian Pacific immigrants and refugees. Services available in Mandarin, Cantonese, Vietnamese, Korean, Tagalog, Thai, and Spanish. Behavioral health and outpatient clinical services provided at Alhambra location: 1635 West Main St., Suite 100, Alhambra, CA 91801.

(626) 248-1800, M-F 8:30am-5:00pm; <https://www.apctc.org/>

Pacific Asian Counseling Services

PACS provides culturally sensitive and language specific mental health and other services, with expertise in immigrant Asian Pacific Islander populations. Their mental health program, Renewal Spaces, offers listening sessions after traumatic events and are led by trained API co-facilitators. Renewal Spaces is offered in Mandarin, Cantonese, Korean, Japanese, Khmer, Vietnamese, and Tagalog.

(310) 259-7604; <https://pacsla.org/>

Special Services for Groups

Non-profit organization serving Asian-American community through mental health services. <https://www.ssg.org/>

- [SSG SILVER](https://www.ssg.org/divisions/silver/) works with older adults by providing mental health services and case management. (213) 553-1884; <https://www.ssg.org/divisions/silver/>
- [Alliance](https://www.ssg.org/divisions/alliance/)'s Outpatient Program is a field-based program utilizing a multidisciplinary approach to provide a broad array of integrated community-based and clinic-based services to increase well-being and reintegration through a recovery-focused supportive system of care for adults. Alliance provides culturally and linguistically congruent/appropriate mental health services currently in Cantonese, Vietnamese, Korean, and Spanish in DTLA and San Gabriel Valley. Phone: (213) 249-9388; Website: <https://www.ssg.org/divisions/alliance/>

St. Mary Medical Center - Families in Good Health

FIGH builds capacity within the community to enable informed and knowledgeable choices, in order to prevent and/or delay the onset of disease and/or social dysfunction; to access needed health and social services; and to improve quality of life. Service included: mental health, education, home visitation, case management, and support groups. Service in English, Spanish, and Khmer.

(562) 491-9100;

<https://www.dignityhealth.org/social/locations/stmarymedical/about-us/community-benefits/families-in-good-health>

Search to Involve Pilipino Americans

SIPA is a nonprofit organization serving Historic Filipinotown and other neighborhoods throughout Greater LA County. Offers mental health services including 1:1/family counseling, support groups, community training, and wellness workshops for those impacted by trauma, hate incidence, and/or violence. Services offered in Filipino (Tagalog), Spanish, and English.

Inquiry form: <http://bit.ly/helloSIPA>; Email: info@sipacares.org

South Asian Network

SAN is a community based organization providing health care and mental and emotional health services in Hindi, Pashto, and English.

562-403-0488 EXT 106; <https://southasiannetwork.org/>

Pacific Clinics

California's largest community-based nonprofit provider of behavioral and mental health services and supports.

<https://www.pacificclinics.org/>

- Asian Pacific Family Center: Provides culturally sensitive and language specific mental health across the lifespan (children and youth, adult and older adult) within the San Gabriel Valley area. In Cantonese, Mandarin, Vietnamese, and Spanish. (626) 287-2988 (Rosemead location)

- APFC-East/Multicultural Family Center: Multicultural Family Center providing linguistic and culturally responsive prevention and clinical services to children, youth, parents/caregivers, and families in the San Gabriel Valley. In English, Mandarin, and Spanish. (626) 839-0300 (City of Industry location)

Los Angeles County Department of Mental Health

LACDMH supports the wellbeing of county residents and communities through crisis services, mental health referrals, and emotional support.

(800) 854-7771; <https://dmh.lacounty.gov/covid-19-information/>

Garfield Health Center

Located in Monterey Park, GHC Mental Health department will provide instant consultation and support for all victims and their families who need mental health assistance. If you need or know anyone in need of someone to talk to about this tragedy or anxiety, please call us. In Mandarin, Spanish, and English.

626) 300-9980; <https://www.garfieldhealthcenter.org/>

仁濟社區醫療中心是一家位於蒙特利公園市的非營利機構，多年來一直堅持在聖蓋博地區提供優質醫療服務。仁濟心理輔導科將為所有需要心理協助的受害者及其家屬提供即時諮詢和支持。如需幫助，請致電626-300-9980。

Herald Christian Health Center

Federally-qualified health center serving the Asian community. Cantonese and Mandarin speaking counselors are trained in trauma-informed care or trauma therapy. 3401 Aerojet Ave., El Monte, CA 91731

(626) 313-9922; <https://hchcla.org/>

Therapy

Asian Mental Health Collective

If you have been directly affected by the shootings and are in need of emotional support, please reach out to therapy@asianmhc.org so AMHC may connect you with a mental health provider. If you are an Asian mental health provider interested in offering your support to those impacted, please contact AMHC at therapy@asianmhc.org for more info on how to help. They also have a searchable directory of AAPI therapists in US & Canada.

<https://www.asianmhc.org/>

Yellow Chair Collective

Offers 6 trauma-informed therapy sessions at no cost to those directly impacted by the tragedy in Monterey Park (victims, survivors, and their families). Available in English and Mandarin Chinese. Fill out the form at <https://yellowchaircollective.com/contact/>.

Anise Health

Anise Health provides AAPI therapists paired with coaches to provide culturally responsive mental health treatment.

<https://www.anisehealth.co/>

BetterHelp

Direct-to-consumer online mental health company offering three months of free mental health services and access to licensed, experienced, and accredited psychologists (PhD / PsyD), marriage and family therapists (LMFT), clinical social workers (LCSW / LMSW), and/or board licensed professional counselors (LPC) as needed. Impacted residents of Monterey Park and neighboring communities can use this link:

<http://betterhelp.com/voucher/montereypark-support>.

Open Path Collective

Nonprofit network of mental health professionals providing in-office and online mental health care.

<https://openpathcollective.org/>

Other Resources

National Alliance on Mental Illness

NAMI Urban Los Angeles (NULA) provides education about severe brain disorders, supports increased funding for research, and advocates for adequate health insurance, housing rehabilitation, and jobs for people with serious psychiatric illnesses in communities of color.

(323) 294-7814; <https://www.namiurbanla.org/resources>

Legal

Asian Americans Advancing Justice Southern California

Legal advice, case navigation and direct representation through helplines in 7 Asian languages and dialects, plus referrals to other organizations and government agencies.

<https://www.ajsocal.org/>

Direct Language Support Lines:

English: (888) 349-9695

普通话/广东话 Chinese: (800) 520-2356

한국어 Korean: (800) 867-3640

TAGALOG: (855) 300-2552

हिन्दी Hindi: (855) 971-2552

ภาษาไทย Thai: (800) 914-9583

TIẾNG VIỆT Vietnamese: (714) 477-2958

Asian Pacific Islander Community Outreach Project | Legal Aid Foundation of Los Angeles (LAFLA)

Free legal assistance through Asian language hotlines providing advice, direct representation, and referrals.

<https://lafla.org/get-help/asian-pacific-islander-outreach/>

Direct Language Support Lines:

普通话/广东话 | Chinese: (323) 801-7912

Tiếng Việt | Vietnamese: (323) 801-7923

한국어 | Korean: (323) 801-7987

日本語 | Japanese: (323) 801-7913

ភាសាខ្មែរ | Khmer: (562) 304-2535

English, español (Spanish), and all other languages: (800) 399-4529

St. Johns Community Health: Legal Services Department

Offers U-Visa assessments to anyone impacted by the Monterey Park shooting, hate crime/hate incident assessments, and law enforcement advocacy. Services offered in-language upon request.

(213) 646-2657 (Vanessa) and (323) 740-2945 (Perla); <https://www.wellchild.org/>

Neighborhood Legal Services of Los Angeles County

NLSLA provides direct legal services, case management and navigation, and referrals in Asian languages for LA County residents. Services are offered in-language through their team of advocates and an on-demand language line.

(626) 307-3643 or email stopthehate@nlsla.org; <https://nlsla.org/>

Domestic Violence

Center for the Pacific Asian Family

CPAF provides domestic violence, sexual assault and child abuse services within the Los Angeles Asian Pacific Islander (API) community. A 24-Hour multilingual helpline is available at 1-800-339-3940. <https://nurturingchange.org/>

30 API languages/dialects are supported, including:

- 繁體中文
- 한국어
- 日本語
- Tagalog
- Tiếng Việt
- ໄຊ໊
- हिन्दी
- ไทย

Anti-AAPI Hate

211/LA vs Hate

An LA County initiative, 211 LA is a hotline for victims or witnesses to report acts of bullying or incidents motivated by hate or discrimination, and to be connected with local services.

211; <https://211la.org/>

311/LA for ALL

Residents of LA City can report hate crimes and hate incidents by calling 3-1-1, visiting myla311.lacity.org, or using the MyLA311 app. You can report anonymously and be provided access to further community-based and crisis care resources.

311; <https://civilandhumanrights.lacity.org/laforall>

CA vs. Hate Resource Line and Network

A non-emergency hate incident and hate crime reporting hotline and online portal established by California's Civil Rights Department to support individuals and communities across the state targeted for hate.

(833) 866-4283; stophate@calcivilrights.ca.gov; stophate.calcivilrights.ca.gov/s/

- Information for anyone targeted for hate about their legal rights and resources for enforcing their rights: [Hate Violence | CRD \(ca.gov\)](http://HateViolence|CRD(ca.gov)); <https://calcivilrights.ca.gov/hateviolence/>
- **Hate Violence Fact Sheet** available in at least 10 languages; <https://calcivilrights.ca.gov/posters/?openTab=5&emrc=63cf03344e66a>

U.S. Department of Justice, Community Relations Service

The federal CRS provides facilitation, mediation, training, and consultation services that improve communities' abilities to problem solve and build capacity to prevent and respond to conflict, tension, and hate crimes.

(202) 305-2935; <https://www.justice.gov/crs>

- [Fact sheet on Preventing and Responding to Bias and Hate Incidents Against AANHPI Communities](https://www.justice.gov/file/1426866/download); <https://www.justice.gov/file/1426866/download>.

Other Resources

Los Angeles County Department of Education

LA COE has put together resources to provide educators and parents support in talking to students about gun violence, their safety and their feelings. There are also resources to support adults who are experiencing emotional distress.

- [A Checklist for School Personnel to Evaluate and Implement the Mental Health Component of Your School Crisis and Emergency Plan](#)
- [Helping Youth After Community Trauma: Tips for Educators](#)
- [School Violence Prevention: Guidelines for Administrators and Crisis Teams](#)
- [Talking to Children about the Shooting \(The National Child Traumatic Stress Network\)](#)
- [Talking to Children About Violence: Tips for Parents and Teachers \(National Association of School Psychologists\)](#)
- [Coping in the Aftermath of a Shooting \(American Counseling Association\)](#)
- [Trauma and Disaster Mental Health \(American Counseling Association\)](#)
- [Managing your distress in the aftermath of a shooting \(American Psychological Association\)](#)
- [Talking to Children About Violence: Tips for Parents and Teachers \(Resources in multiple languages\)](#)

Small Business Support

[Pacific Asian Consortium in Employment](#)

PACE Business Development Center (BDC) has provided business training, technical assistance, 1:1 counseling and access to capital to thousands of people. They are an SBA Microloan Intermediary and Community Advantage lender.

1055 Wilshire Blvd., Suite 900B Los Angeles, CA 90017.

Tel: (213) 353-9400 <https://pacela.org/our-work/business/>

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AAPI Equity Alliance (formerly, the Asian Pacific Policy & Planning Council or A3PCON) is a coalition of community-based organizations that advocates for the rights and needs of the Asian and Pacific Islander American community in Los Angeles and beyond. Learn more at aapiequityalliance.org/.