

# Tai Chi Class

太極拳

You are invited to attend our **FREE** adult Tai Chi class. Parents come and enjoy some exercise to relax and release stress.



**Every Thursday, 10:30am - 11:30am**  
**at the Artesia Library**  
**18801 Elaine Ave. Artesia, CA 9701**

**Call (562)865-6614 to RSVP**

**Presented by: Asian Pacific Counseling and Treatment Centers**  
**APCTC is a division of Special Services for Groups**



